

## **Nicotine**

The active ingredient in cigars, cigarettes and chewing tobacco. In the pregnant woman, the nicotine also effects the unborn child.

It is highly addictive.

Nicotine acts like an antidepressant in the brain. When one uses nicotine when on other drugs like alcohol, opiates or stimulants, the nicotine magnifies the effect of the other drug. Many patients increase the amount of smoking cigarettes when on opiates and when they detoxify from opiates, they smoke less or lose their taste for cigarettes completely.

**Please call regarding our methods for smoking cessation (nicotine detoxification).**