Valium, Tranquilizers and Sleeping Pills

Routes Of Administration: Oral however, some come in intravenous forms

Effects: One can stop breathing when overdosed with this type of drug. Also abrupt stoppage of this class of drug can in some situations lead to seizures.

Risks: Seizures, Death.

Common sleeping pills include: Ambien, Sonata, Restoril, Dalmane Common tranquilizers include: Ativan, Halcion, Rohypnol, Valium, Klonopin and Xanax,a particularly fast acting and extremely addicting tranquilizer.